**Safer Internet Day 2025**  
**Resources for use with 7 to 11 year olds**

*Too good to be true? Protecting yourself and others from scams online*

**Quiz: Protecting yourself and others from scams online**

The quiz can also be found online at: [saferinternet.org.uk/sid-quiz](http://saferinternet.org.uk/sid-quiz)

1. Nisha is playing a game. Another player sends a link where she can buy 10,000 gems for a very low price. What should Nisha do?
2. Ask a trusted adult for help to report and block the player.
3. Click on the link - that is such a great deal!
4. Reply to the player and try to trick them back.

**Correct answer: a**

Getting lots of gems at a cheap price seems too good to be true, so it unfortunately probably is not true! Nisha should tell a trusted adult and get some support. They can then help her report and block the player, so they cannot message her again.

1. When he is watching a video, Macsen sees an advert selling a gaming console. When he clicks the link, the website looks a bit strange. What should Macsen do?
2. Buy the gaming console and hope it will be okay!
3. Explore the website to check it is safe.
4. Tell an adult he has clicked on a link and is not sure what website he is now on.

**Correct answer: c**

Sometimes, it can be tempting to click on links, especially when they are selling an exciting product! In Macsen’s case, it is important he lets an adult know. They can then close the link and make sure he does not see anything upsetting or worrying. If you can, try not to click on any links or pop ups.

1. Chi accidentally sees a friend's password written in their diary. What should Chi do?
2. Log into their account and change their profile picture to a silly photo.
3. Tell her friend she saw their password and they now need to change it.
4. Ignore it.

**Correct answer: b**

When you become aware of somebody else’s password, it may be tempting to make a joke and log into their account. It is important to remember that this may make somebody upset or worried. It is much better to make them aware that you have seen their password so they can go ahead and change it.

1. Milo is playing an online game. He realises somebody has hacked into his account and spent all his gems. What should Milo do?
2. Tell a trusted adult to help him report it and change his password
3. Ignore it
4. Try and sort it out himself

**Correct answer: a**

It can feel upsetting if somebody hacks into an account, especially when they spend or use things you have worked hard to get! Milo should tell an adult and get some support. He can then report the situation and change his password, to try and prevent this from happening again.

1. Reeva has thought of three ideas for their new password. Which would be the safest password to choose?
2. HightreeSchool2015
3. Foxrockettree
4. ClocK4GiraffE£

**Correct answer: c**

The safest passwords have a mixture of capitals and lower-case letters, numbers and symbols. Passwords also shouldn’t include personal information as this makes them easier to guess. Reeva should choose ClocK4GiraffE£ as this has all the parts needed for a secure password.

1. Jared receives a message that looks like it’s from his favourite gaming influencer. It says that he’s been selected to be in the influencer’s latest video and asks him to reply with his email so they can get in touch. What should Jared do?
2. Send them a message to check they are the influencer
3. Show a trusted adult and report the user
4. Send the influencer their email to be in the video

**Correct answer: b**

Jared should tell an adult straight away if he is contacted by an adult he doesn’t know. It seems too good to be true that his favourite influencer would contact him, so is likely to be a scam. An adult can help to report the user and block them so they cannot contact Jared again.

1. Kara is on her tablet when she gets a pop up saying her device has a virus. What should Kara do?
2. Show it to her parents or carers
3. Try to close it herself
4. Click on it to check whether it is true

**Correct answer: a**

Pop ups can often be scams that try to trick us into clicking on them. It’s best for Kara to tell her parent or carer so they can help them. Sometimes when you try to close a pop up, they make it difficult to click on the close button, so an adult can help to do this.

1. Nia accidentally replied to a scam message and shared their personal information. What should Nia do?
2. Leave the messages and try to forget about it
3. Send another message to try to confuse them
4. Let a trusted adult know what happened

**Correct answer: c**

It can be worrying if you have accidentally fallen for a scam, but you can still take action to protect yourself. Rather than ignore what’s happened or try to fix it themselves, the best thing for Nia to do is to talk to a trusted adult who can help them with what they can do next.