

<u>If you feel...</u>

- Unhappy or sad about school
- Unhappy or sad about something that is happening at school
- Unhappy or sad about someone you see at school

<u>Things you can do</u>

- Tell your parents or someone in your family
- Tell an adult you trust at school
- Talk to a friend





What we will do

- Always listen to you
- Find out what has been happening
- Do everything we can to sort it out
- Keep you safe