

How does Speak out Stay safe link to the RSE curriculum in England?

NSPCC Speak out Stay safe key stage one – under 7s assembly, lesson plan and 6-7yr workshop

SOSS success criteria

- I know five ways a child can be hurt by others.
- I know if a child is hurt by someone else it's never a child's fault.
- I know all children have the right to be kept safe.
- I know who to talk to if I need help.
- I know the Childline number and recognise the Childline website.

RSE statutory guidance objectives

PSHE Association KS1 objectives

Families and people who care for me

- How to recognise if family relationships are making them feel unhappy or unsafe, and how to seek help or advice from others if needed.

R5

Caring friendships

- How to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable, managing conflict, how to manage these situations and how to seek help or advice from others, if needed.

R9

Being safe

- That each person's body belongs to them, and the differences between appropriate and inappropriate or unsafe physical, and other, contact.
- How to recognise and report feelings of being unsafe or feeling bad about any adult.
- How to ask for advice or help for themselves or others, and to keep trying until they are heard.
- How to report concerns or abuse, and the vocabulary and confidence needed to do so.
- Where to get advice eg family, school and/or other sources.

R13, R20

Mental wellbeing

- That there's a normal range of emotions (eg happiness, sadness, anger, fear, surprise, nervousness) and a scale of emotions that all humans experience in relation to different experiences and situations.
- How to recognise and talk about their emotions, including having a varied vocabulary of words to use when talking about their own and others' feelings.
- Where and how to seek support (including recognising the triggers for seeking support), including whom in school they should speak to if they are worried about their own or someone else's mental wellbeing or ability to control their emotions (including issues arising online).

H11, H12, H13, H14, H15, H16, H19, R12

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Continued

UNCRC link 'Rights Respecting Schools'

Article 12 – You have the right to an opinion and for it to be listened to and taken seriously.

Article 13 – You have the right to find out things and say what you think.

Article 19 – You have the right to be protected from being hurt or treated badly.

Article 24 – You have a right to the best health possible and to medical care and to information that will help you to stay well.

Article 27 – You have the right to a good enough standard of living. This means you should have food, clothes and a place to live.

Article 34 – You have the right to be protected from sexual abuse.

Article 36 – You have the right to protection from any other kind of exploitation.

Article 37 – You have the right not to be punished in a cruel or hurtful way.

Article 39 – You have the right to help if you have been hurt, neglected, or badly treated.

Article 42 – All adults and children should know about this convention. You have a right to learn about your rights and adults should learn about them too.