



## Physical Education Progression Grid

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Games	Fundamental Skills	Gymnastics	Dance	Athletics	Ball Skills
Cycle A Year 1/ 2 Long Term Plan	Football	Gymnastics	Dance	Basketball	Athletics	Rounders and OAA
Cycle A Year 3 / 4 Long Term Plan	Invasion Games	Gymnastics	Dance	Net and Ball Badminton	Athletics	Striking and Fielding
Cycle A Year 5 / 6 Long Term Plan	Athletics	Gymnastics	Striking and Fielding Cricket	Net and Wall Games Tennis	Invasion Games Football Tag Rugby	Dance OAA



Cycle B Year 1 / 2 Long Term Plan	Athletics	Handball	Dodgeball	Gymnastics	Cricket	Dance OAA
Cycle B Year 3 / 4 Long Term Plan	Athletics	Gymnastics	Striking and Fielding Cricket	Net and Wall Games Tennis and Table Tennis	Invasion Games Football and Dodgeball	Dance OAA
Cycle B Year 5 / 6 Long Term Plan	Athletics	Gymnastics	Striking and Fielding Rounders	Net and Wall Games Badminton	Invasion Games Hockey	Dance OAA

*A school where every child can* 