

Year 1 /2: PSHE-Who is special to us?

Families and Friendships, Safe Relationships, and Respecting Ourselves and Others

Making friends; feeling lonely and getting help

A good friend is someone who:

- listens
- shares
- is kind
- is honest
- is fun



You can make friends at school, in a club and where you live.

Positive play is where you play and do activities happily and nicely. Ask someone who feels left out to play with you.

Sometimes friends argue and fall out. Talking to each other or telling an adult can help you to resolve the problem.



Always be kind to others and they will be kind to you.

Bullying, resisting pressure, and recognising behaviour

Bullying is when someone plans to do something hurtful and does it over and over and over again.

Online bullying is when people write nasty comments on websites and share hurtful images.

Hurtful behaviour is when someone is being mean by doing or saying nasty things to others.

If you see anyone being hurtful or bullying someone, make sure you tell a trusted adult who can help.



Secrets

Secrets can be **happy surprises** - something exciting about to happen.



Secrets are things you keep to yourself.

Uncomfortable Secrets

If someone is making you keep a secret that you do not want to keep, you can tell a trusted adult who will help.

If someone is putting pressure on you to do something, you can always **say no** then speak to a trusted adult.

Having things in common and being different

We all have things in common with our friends:

- we all go to Timothy Hackworth Primary School
- we are all in Year 2
- we are all human

We also have differences:

- family
- religion
- language
- skin colour
- hair colour
- eyes colour
- like and dislikes



It is completely normal for friends to have differences. It is what makes us, us!

Be kind to others and respect their differences.



Having differences is amazing!



Vocabulary

argument	A disagreement about something.
co-operate	Join in or work with someone else.
honesty	Telling the truth.
opportunity	The chance to do something.
peer pressure	Someone makes you feel like you have to do something to fit in.
pressure	Someone or something makes you feel like you have to do something.
resist	To go against something.
resolve	To sort things out.
responsibility	Making good choices, being trusted and taking credit for your actions.

CRC Article 19: All children have the right to be safe.

CRC Article 12: All children have the right to have their opinions valued.

